

**THE STUDENTS' INCIDENTAL ENGLISH
WORDS ATTAINMENT FROM THE
EXTENSIVE READING CLASS ENGLISH
STUDY PROGRAM**

**UNIVERSITAS ISLAM NEGERI SAYYID
ALI RAHMATULLAH TULUNGAGUNG**

by:

Dwi Ima Herminingsih
Latifatul Isro'iyah
Faeyza Alisha Khansa Supriyono
Sania Destanisa Asmarani
Nabila Salsabilla Fisabillilah
Bero Rahmmad Surya Hidayat
et.al.

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CAKRAWALA
SATRIA MANDIRI

PENERBIT CAKRAWALA SATRIA MANDIRI

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Penulis : Dwi Ima Herminingsih
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et.al.

Editor : Atika Dahlila Fauzi
Tata Sampul : Adhitia Nur Riski
Tata Isi : Syaifuddin
Pracetak : Tim Cakrawala

PENERBIT
CV. CAKRAWALA SATRIA MANDIRI
Pliken RT.04 / RW.09, Kembaran, Banyumas
Jl. Pesantren XII No.03, Pesantren, Kota Kediri
Telp : 08155525121
Email : redaksi.satria@gmail.com
www.cakrawalasatria.co.id
Anggota IKAPI

PEMASARAN
CAKRAWALA, Jl. Brigjend Pol Imam Bahri No. 129,
Pesantren, Kota Kediri
Telp/Fax. 0354.7418363
Email: cakrawalasatria@gmail.com
www.cakrawalasatria.co.id

Cetakan Pertama, September 2023
Hak cipta dilindungi undang-undang
Dilarang memperbanyak karya tulis ini dalam bentuk dan cara
apa pun tanpa izin tertulis dari penerbit

PREFACE

In the contexts of language study and teaching, the extant theories clarify that reading is a vital language acquisition ability and a successful way of language training. Numerous studies on L1 (first language) and L2/FL (second or foreign language) reading point to the potential benefits of in-depth reading for promoting language learners' vocabulary learning (Cho & Krashen, 1994; Day, Omura, & Hiramatsu, 1991; Grabe & Stoller, 1997; Horst, 2005; Kao, 2004; Lao & Krashen, 2000; Liu & Wu, 2011; Mason & Krashen, 1997; Igada & Schmitt, 2006; Rodrigo, Krashen, & Gribbons, 2004), reading comprehension (Lao & Krashen, 2000; Liu & Wu, 2011; Mason & Krashen, 1997), reading speed (Bell, 2001; Lao & Krashen, 2000), grammar proficiency (Rodrigo, Krashen, & Gribbons, 2004; Yang, 2001), writing competence (Hafiz & Tudor). In addition, language teachers have shown a lot of interest in extended reading and are increasingly aware of the critical role that reading plays in enhancing students' vocabulary and language proficiency.

Learners who read extensively must read "large quantities of material within their linguistic competence" in order to gain a general comprehension of texts." (Grabe & Stoller, 2002, p. 259). According to Richards & Schmidt (2002, p. 193-194), it aims to develop good reading habits, increase language and structural understanding, and promote a love of books. Intensive reading, on the other hand, usually entails students reading small amounts of materials under a teacher's guidance or instruction with a focus on learning particular vocabulary and syntactic structure. Extensive reading, on the other hand, involves students in independent reading of a large number of longer, simpler texts without much or any

written work or testing (Powell, 2005). Unlike casual reading, intensive reading is primarily focused on the text being read.

Krashen's (1982, 1993), has shared the primary theoretical justification for extensive reading in second language learning comes from the input hypothesis, which holds that intelligible input is a necessary and sufficient condition for L2 acquisition. In-depth reading can provide students with a wealth of intelligible linguistic input for learning new vocabulary. I aim to improve language proficiency and vocabulary knowledge by giving understandable input, increasing learners' exposure to the language, consolidating previously learned language, and all of the above (Herminingsih & Jazeri, 2020). Bell (1998), underlines the importance of extensive reading. According to Wode (1999), incidental vocabulary learning happens as a result of language use through reading when learners' focus is on meaning.

Additionally, according to Nagy and Herman (1987), only a tiny part of words are learnt through direct vocabulary education, in which not only is the quantity of new words contained in each unit of the course books carefully controlled, but lexical items are regularly presented in a decontextualized way in various exercises or activities. Reading is therefore used as a method of language instruction, along with decontextualized practice exercises that use words as discrete items for students to repeat and memorize word forms and sentence structures with the goal of fostering learners' linguistic competence regarding vocabulary and grammar knowledge. According to Chen, Wang, and Yeh (2002), contextual guessing and prediction are two advanced reading strategies that are rarely explicitly taught to students. Similar to form-focused English language instruction, this English reading instruction emphasizes intensive reading and deliberate vocabulary learning while limiting students' access

to a wide range of English reading materials. For learners, it is challenging to become proficient in FL reading and to develop automatic word recognition.

Considering the opinions that have been written in the paragraph above, the authors compile word dissection mastered by students who take the Extensive Reading and literary Comprehension course written in the glossary which contains the words with the initial letter A-Z. The English vocabularies in this book have been obtained from a variety of texts the students have read about economics, social, culture, health, natural sciences, and others. This glossary book is expected to be a reference for those who pursue language teaching and learning activities, especially related to the enrichment of English vocabulary.

Writers

DUMMYY



GLOSSARY



- Ability : to do something the fact that someone or something is able to do; skills or potential to master a skill that is innate or is the result of training or practice and is used to do something that is realized through his actions
- Absorbed : absorption of radiation in a medium on earth
- Abstract noun : intangible noun (can't be seen, can't be felt, and can't be touched)
- Abundance : blessed (given) a lot; a large amount of something
- Accent : prominence of a syllable in terms of differential loudness, or of pitch, or length, or of a combination of these
- Accordance : in a way that agrees with or follow (something such as a rule or request)
- Accreditation : the action or process of officially recognizing someone as having a particular status or being qualified to perform a particular activity
- Accuracy : the ability to do something without making mistakes
- Achievement : namely a process or a way to reach a goal that has not been achieved before

- Acknowledge : accept, admit, or recognize something, or the truth or existence of something
- Acrylic paint : a fast-drying paint made of pigment suspended in acrylic polymer emulsion and plasticizers, silicone oils, defoamers, stabilizers, or metal soaps
- Actionable : something that one intends to take action on
- Activity : something someone did
- Acquainted : knowing or being familiar with someone or something
- Adjective : a word used to describe a noun and comes before the noun
- Adolescent : the process of developing from a child into an adult
- Adulthood : the state or condition of being fully grown or mature
- Advantage : a condition or circumstance that puts one in a favorable or superior position
- Adverb : a word that explain the meaning of verbs, adjective, and other adverbs that function as explanation for an action, the event that occurred, and where the event was carried out
- Advice : guidance or recommendations offered with regard to prudent future action
- Affability : the quality of having a friendly and good-natured manner
- Affable : friendly and easy to talk
- Affordability : the state of being cheap enough for people

	to be able to buy
Aging	: the process when people grow old; the process of growing old
Alcohol	: a carbon compound that has a hydroxyl (OH) functional group
Allude	: suggest or call attention to indirectly : hint at
Alphabet	: the letters of a language in their customary order
Alteration	: to make something stronger or more effective, or to become stronger or more effective
Altitude	: the vertical height of an object above the surface (such as sea or land level) of planet or natural satellite
Altruistic love	: also called unconditional love (Agape) a specific type of love in which care, tenderness, and affection is freely given while expecting nothing in return
Ambiguity	: something that does not have a single clear meaning : something that is ambiguous
Amtrak	: the service name of the national railroad passenger corporation, a semi-governmental corporation use to provide intercity passenger rail service in the United States
Amygdala	: one of two parts of the brain that affect how people feel emotions especially fear and pleasure
Analogy	: a comparison between two things,

typically for the purpose of explanation or clarification; a comparison between things that have similar features, often used to help explain a principle or idea

Analyze : examine or investigate events and the direction of propagation are parallel

Ancestors : a person, typically one more remote than a grandparent, from whom one is descended

Annuals : to mention a plant that lives for only one growing season

Anxiety : a feeling of fear, dread, panic, that may occur as a reaction to stress; feeling worry, or unease about something with a uncertain outcome; is a feeling that arises due to a person's worries in carrying out daily activities

Anticarcinogenic : relating to preventing or delaying the development of cancer

Antibodies : part of the immune that protect our body from bacteria, viruses, and other diseases

Antioxidant : natural substances that may prevent or delay some types of cell damage

Apostrophe : punctuation marks (') which are used to identify a noun in making possessive sentences or it can also indicate the removal of one or more letters from a word in a sentence

Appearance : a sense impression or aspect of a thing

Appetizers : a small dish food or drink that stimulates the appetite and is usually served before a meal

Approach	: come near or nearer to someone
Approval	: the action of approving something
Arena	: the phenomena of the physical world collectively, including plants, animals, the landscape, and other features and products of the earth, as opposed to humans or human creations
Argument	: an exchange of diverging or opposite views
Arranged	: is a word or item that is arranged according to its place
Arrogant	: unpleasantly proud and behaving as if you are more important than, or know more than, other people
Articulation	: an act or the process of articulating
Artificial	: made by people, often as a copy of something natural
Artist	: a person who produces works of art
Asset	: (conventional definition) a negotiable item, security, promissory note, or similar thing that can be sold or exchanged for money; a person or thing that is valuable or useful to somebody or something; items or resources owned by a person, business, or government, as cash, notes and accounts receivable, securities, inventories, goodwill, fixtures, machinery, or real estate
Assess	: appraising is the act of estimating or determining value
Assignment	: a piece of work given to someone, typically as part of their job

- Assumption : something that you assume to be the case, even without proof
- Astonishing : extremely surprising or impressive; amazing
- Atmosphere : an atmosphere is made of the layers of gases surrounding a planet
- Attainable : possible to achieve
- Attitude : the way you think and feel about someone or something; a feeling or way of thinking that affects a person's behavior
- Attorney : a person appointed to act for another in business or legal matters, synonym lawyer
- Attention : the ability to actively process specific information in the environment while tuning out other details; notice taken of someone or something
- Author : a person who generates ideas or ideas for a work; a writer of book, article or report; the person who originated or gave existence to anything and whose authorship determines responsibility for what was created
- Autograph : handwriting, sometimes stylized as a person's name
- Avaricious : having or showing an extreme greed for wealth or material gain
- Average : the number that comprise the data set
- Awkward : causing difficult or hard to deal with (usually in situation or with someone)

B

- Bagel bread : type of bread shaped like a palm-sized ring, made from a dough of wheat flour and yeast that is boiled in water before baking
- Balance sheet : the lower part of an income-statement diagram. Supposed to balance assets against liabilities
- Band-aid : is a small piece of sticky tape that you use to cover small cuts or wounds on your body
- Barrier : something that holds back
- Basis : the underlying reason or assumption
- Behavior : the way in which one acts or conducts oneself, especially toward others
- Beholder : a person who sees or looks at someone or something
- Beige : a pale sandy yellowish-brown color
- Belief : a strong feeling that something/somebody exists or is true; confidence that something/somebody is good or right
- Beneficial : favorable or advantageous; resulting in good
- Benefit : an advantage or profit gained from something
- Bemoan : to complain or express sadness about something
- Bento : a Japanese lunchbox
- Biblioholic : a book lover, book enthusiast and

	bookworm
Bind	: tie or fasten (something) tightly, another term for tie
Blacksmith	: a person who makes and repairs things in iron by hand
Bloat	: to make the point that something is more than just flat/large
Blood	: fluid found in all living things that functions to deliver substances and oxygen needed by body tissues, transport chemicals produced by metabolism, and also as the body's defense against viruses or bacteria
Bond	: an insurance policy held by a company, which protects against losses resulting from circumstances such as bankruptcy or misconduct by employees; a debt security in which the authorized issuer owes the holders a debt and is obliged to repay the principal and interest at a later date, termed maturity
Bonds	: an agreement between parties involving letters
Book	: a collection of papers or sheets written or containing writing
Bookstore	: a store where books are sold
Bore	: make somebody feel tired and uninterested
Boredom	: the state of feeling bored, a condition characterized by perception of one's environment as dull, tedious, and lacking in stimulation

- Brainstorming : an activity or business method in which people meet in a group to suggest a lot of new ideas to choose from possible development
- Broad : including a wide range of things; general
- Bulletin board : a board on a wall on which notices can be put
- Burden : someone or something that is very difficult to accept, or deal with; responsibility or duty that causes worry or is hard to deal
- Business : an organization that sells goods or services to consumers, for a profit; a person's regular occupation, profession or trade
- Bushido : the moral code and way of life of the samurai



- Calibrate** : to determine, check, or rectify the graduation of (any instrument giving quantitative measurements)
- Calories** : a measurement of the energy content of food
- Cancer** : a group of diseases in which cells in the body change and grow out of control; abnormal cells that invade any part of the body; a term for diseases in which abnormal cells divide without control and can invade nearby tissues
- Capacity** : the maximum amount that something can contain; also refers to the ability of an item to produce something
- Capital** : the most important city or town of a country or region, usually its seat of government and administrative center
- Cardiologist** : a doctor who specializes in the study or treatment of heart diseases and heart abnormalities
- Cardiovascular** : relating to the heart and blood vessels
- Caring** : displaying kindness and concern for others
- Cash flow** : the proportion of income (cash in) to spending (cash out). A positive cash flow occurs when income exceeds spending. A negative cash flow occurs when spending exceeds income

- Case : a particular situation
- Cells : the smallest structural and functional unit of an organism in the human body; is the basic structural and functional unit of an organism in our body, and it is often called the “building block life”
- Centenarian : a person who is one hundred or more years old
- Central : an important, crucial part of something
- Cerebral palsy : group of disorders that affect a person’s ability to move and maintain balance and posture
- Certain : having no doubt or knowing exactly that something is true, or known to be true, correct, exact, or effective
- Certain terms : who is appointed to a position that is a greater than 30 calendar days and has a definite time period of appointment not to exceed twenty months?
- Championship : a contest for the position of champion in a sport, often involving a series of games or matches
- Chapter : a main division of a book, typically with a number or title
- Characteristic : typical of a person, thing, or group : showing the special qualities or traits of a person, thing, or group; a feature of an individual
- Chief : a leader or ruler of a people or clan
- Children : an immature person, or an object that is

- “underneath” by another project
- Choice : to select from a number of possibilities; pick by preference
- Choose : pick out or select (someone or something) as being the best or most appropriate of two or more alternatives
- Chore : a routine task, especially a household one
- Circumstance : condition
- Clans : a group of close-knit and interrelated families
- Clarity : the quality of being coherent and intelligible
- Classroom : a room in a school or college where groups of students are taught
- Clergy : the body of all people ordained for religious duties, especially in the Christian Church
- Climate : the general development of a situation, or the situation, feelings, and opinions that exist at a particular time; is the habit and character of weather that occurs in a place or area
- Clouds : a collection of water drops or ice crystals floating in the atmosphere
- Clutter : a collection of unorganized items that are taking up mental or physical space. clutter can often be the result of a lack of systems for properly taking care of “stuff”
- Cognition : the activities of thinking, understanding, learning, remembering, or become aware of something through the senses
- Cognitive : the growth in his or her ability to think and

solve problems

Cognitive

dissonance : a state in which there is a difference between your experiences or behavior and your beliefs about what is true

Cohesive : to evolve many people into one; involved many people into one or doing something together

Collaboration : the action of working with someone to produce or create something

Collective noun: nouns that show a group of people or things

Colleagues : a person with whom one works in a profession or business

Commanding : having a position of authority or control

Common gender : nouns that can be either male or female

Common noun : nouns we can find in everyday life

Communicate : to share information with others by speaking, writing, moving your body, or using other signals

Communities : a group of people living together in one place, especially one practicing common ownership

Compare : to examine or look for the difference between two or more things

Compassionate : a feeling of sympathy or pity for others, especially one that makes you want to help them

Complain : say that you are dissatisfied or unhappy about something/someone

- Composite : made of different parts or elements
- Compound : a mixture two or more things
- Conceive : understand
- Concentrate : a feed that has a low crude fiber content
- Confidence : the feeling or belief that one can rely on someone or something; firm trust
- Confidential : something to hide
- Conflict : an active disagreement between people with opposing opinions or principles
- Conjunction : a word that connects two or more sentences to form one sentence
- Concrete noun : tangible nouns (can be seen, felt, and touched directly)
- Concretize : make (an idea or concept) real; give specific or definite form
- Condensation : the change in the form of objects to a denser state, such as gas into liquid
- Connected : (of two or more things) joined together
- Consider : think carefully about (something), typically before making a decision
- Consideration : the act of thinking about something carefully
- Considered : having been thought about carefully
- Conspecific : of the same species
- Constantly : all the time or often
- Consume : activities reduce the use value of goods and services
- Context : the circumstances that form the setting for

- an event, statement, or idea, and in terms of which it can be fully understood and assessed
- Contagious : spread from one person or organism to another by direct or indirect contact
- Contain : (used with object) to hold or include within its volume or area
- Contemporary : existing or happening now, and therefore seeming modern
- Contemplative : expressing or involving prolonged thought
- Content : process of making creating and sharing in a video that attract and convert prospects into customer, and customers into repeat buyers
- Contraction : a shortened form of a group of words
- Contract : an agreement between two or more parties that is enforceable by law and involves a promise to do or not do something
- Contribution : a contribution in any form
- Control : to have the power to run something in an orderly way; an action of restraining and preventing something that could cause a trouble
- Convection : the process by which heat is transferred by the movement of a heated liquid such as air or water
- Convince : completely certain about something; to cause someone to believe something or to do something
- Cope : to deal succesfully with something difficult

- Coriolis effect : a force on the rotation of the earth that bends the direction of ocean currents
- Cortisol : a hormone (chemical made in the body) that is used in medicine to treat parts of the body that are swollen and painful
- Cosmetic : substances such as lipstick or powder, which people put on their face to make themselves look more attractive
- Counselor : a person trained to give guidance on personal, social, or psychological problems
- Count : to check over (the separate units or groups of a collection) one by one to determine the total number, add up, enumerate
- Countable noun : nouns that we can count
- Courageous : not deterred by danger or pain; brave
- Crave : feel a powerful desire for (something)
- Crazy
extravagant : spending much more than is necessary or wise; wasteful
- Creator : a person who creates something
- Creative : the ability to develop new ideas and find new ways to see problems as opportunities
- Creativity : the ability to make new things or think of new ideas
- Crucially : with decisive or vital importance
- Curation : is the assembly, categorization, commentary and presentation of relevant content
- Culture : a way of life that develops and is owned by a person or group of people and is passed

down from generation to generation but is not hereditary, and is interpreted as matters relating to the human mind and reason

- Cultivating : prepare and use (land) for crops or gardening
- Culinary : relating to the kitchen or cookery. Usually there are many dishes has been served, such as side dishes, food and drinks
- Customer : individuals or organizations who have actively made a purchase from store or business; someone who buys, tries, or uses a product
- Cynical : believing that people are motivated purely by self-interest; distrustful human

D

- Daily live : the live we of everyday
- Daydreamed : series pleasant thoughts about something you would prefer to be doing or something you would like to achieve in the future
- Death : the permanent cessation of all biological functions that sustain a living organism
- Debt : something, typically money, that is owed or due
- Decide : certain, obvious, or easy to notice; come to a resolution in the mind as a result of consideration

- Decision : it's meant the final choice or judgment about
- Dedicate : devote (time, effort, or oneself) to a particular task or purpose. devote (something) to a particular subject or purpose cite (a book or other artistic work) as being issued or performed in someone's honor
- Depth : the distance from the top or surface to the bottom of something
- Defeatist : having no hope and expecting to fail
- Defined : boundaries or meanings, can also be interpreted as words, phrases, or sentences that express meanings, descriptions, or main characteristic of people, objects, processes, or activities
- Definition : a sentence that expresses the meaning, or main characteristics of people, objects, processes, and activities
- Defend : it's trying, trying, and maintaining an event so that it does not happen again. Attempts not to change from its original stat
- Delusion : something a person believes and wants to be true, when it is actually not true
- Demand : an insistent and peremptory request, made as if by right
- Denial : refusal to satisfy a request or desire
- Depending : be controlled or determined by
- Depressed : a disorder associated with mood swings ranging from depressive lows/depressed to highs/manic; in state of feeling very sad,

- unhappiness, and anxious
- Depression : a feeling of severe despondency and dejection; the state of feeling unhappy without hope for the future
- Desert : a dry, barren area of land, especially one covered with sand that is characteristically desolate, waterless, and without vegetation
- Design : conceive, create, sketch out, or invent something
- Desk : a type of table that you can work at, often one with drawers
- Dessert : the sweet course eaten at the end of a meal
- Destination : the place or purpose that someone is going to
- Detailed : having many details or giving careful attention to details a detailed list of the ingredients required
- Detrimental : causing harm or damage
- Devalued : to cause something to be considered less valuable or important
- Dew : tiny drops of water that form on cool surfaces at night, when atmospheric vapor condenses
- Dexterity : the ability to perform a difficult action quickly and skillfully with hands
- Develop : to gradually grow or become bigger, more advanced, stronger, etc.; to make something do this; a series of progressive changes that occur as a result of a process of maturity and experience

Diabetes	: a condition that happens when the blood sugar (glucose) is too high
Diagram	: a drawing, sketch, plan, or chart that makes something clearer or easier to understand
Diagnosis	: identifying a disease or condition by its signs or symptoms, and by using imaging tests, lab tests, or biopsy
Diabolical	: characteristic of the devil, or so evil as to be suggestive of the devil
Diet	: eating healthy and lower calorie meals
Digital	: renewal of technology use
Digitization	: conversion of analog information into digital information
Dimension	: a measurable extent of some kind, such as length, breadth, depth, or height
Directly	: as conjunction means as soon as
Disorder	: a state of untidiness or lack of organization
Disappear	: get out of sight
Discovery	: the act of detecting something new
Discuss	: to talk but with a more serious intent
Disease	: a disorder of structure or function in a human, animal, or plant, especially one that has a known cause and a distinctive group of symptoms, signs, or anatomical changes; an illness of people, animals, plants, etc., caused by infection or a failure of health rather than by an accident
Disparagingly	: to be little the value or importance of someone or something or a disparaging

	term/word
Distinction	: a difference or contrast between similar things or people
Distraction	: a thing that prevents someone from giving full attention to something else
Distributor	: intermediaries who distribute products from producers to retailers and consumers
Diversity	: the fact of many different types of things or people being included in something (a range of different things or people)
Divulge	: disclosing personal or sensitive information
DNA	: carrier of genetic information in living things; the molecule that makes up an organism that is passed down from child to parent
Domain	: an area of interest or an area over which a person has control
Down	: is a word that expresses being drowned, and sadness
Downpayment	: a partial payment made at the time of purchase
Drug	: substances that cause physiological or physiological changes in the body when consumed
Dualistic	: a theory which states that there are two different things that have nothing in common with one another (have their own characteristics) and can be separated, because there is a study of the previous theory

- Durability : the ability to withstand wear, pressure, or damage
- Dysthymia : a form of depression (a mental illness causing feelings of unhappiness) that lasts for several years and but is less severe than other forms of depression



- Easy : does not require a lot of energy or thought in doing; not difficult
- Eczema : a skin condition in which areas of the skin become red, rough, and sore and make you want to rub them
- Edit : to make changes to a text or film, deciding what will be removed and what will be kept in, in order to prepare it for being printed or shown
- Effort : a vigorous or determined attempt
- Effortlessly : showing or requiring little or no effort
- Elaboration : the process of developing or presenting a theory, policy, or system in further detail
- Element : a component or constituent of a whole or one of the parts into which a whole may be resolved by analysis
- Email : send an email to (someone)
- Embody : to express an idea or feature
- Embroid : involve (someone) deeply in an argument, conflict, or difficult situation

- Eminent : famous, respected, or important
- Emitted : emit means to release or discharge something such as gas, liquid, heat, sound, light, or radiation. the process of emitting is called emission
- Emotional : an intense feeling directed at someone or something; a reaction to a person or event; relating to a person's emotions. arousing or characterized by intense feeling
- Emphasis : special importance, value, or prominence given to something
- Employees : a person working for another person or a business firm for pay
- Empower : to express appreciation for their efforts
- Encapsulated : to express or show the most important facts about something
- Encounter : unexpectedly be faced with something difficult or experience
- Encouraging : giving someone support or confidence; supportive; giving support and advice to (someone) so that they will do or continue to do something
- Energy : energy is from an object that can interact and cannot be destroyed
- Engage : occupy, attract, or involve (someone's interest or attention)
- Engagement : an effect, a reaction, a connection, a response or an experience of customers with each other, with a company or with a brand.
- Enlightening : tending to increase knowledge, intellectual,

- or moral improvement
- Enormously : extremely or very much
- Ensure : make certain that (something) shall occur or be the case
- Entangled : involve someone in difficult or complicated circumstances from which it is difficult to escape
- Enthusiasm : is the word motivation as the strength (energy) of someone who can raise the level of persistence and enthusiasm in carrying out an activity
- Entrepreneur : someone who creates a system to offer a product or service in order to obtain a profit. Entrepreneurs are willing to accept a level of risk to pursue opportunity and are viewed as fundamentally important in the capitalistic society
- Enviably : it's not good to want to have more than other people; arousing or likely to arouse envy
- Environment : the conditions that you live or work in and the way that they influence how you feel or how effectively you can work; something that surrounds an organism
- Epidemiology : a branch of medicine which deals largely with public health, including the incidence, distribution, analysis, and control of diseases
- Equation : a state of being essentially balanced
- Equator : is an imaginary line drawn in the middle of the planet between the two poles and

- parallel to the planet's axis of rotation
- Escape : to get away from something or someone that is dangerous or unwanted; an action to distance yourself from bad things, looking for comfort
- Essay : a piece of writing that gives the author's own argument
- Essence : a strong liquid, usually from a plant or flower, that is used to add a flavour or smell to something
- Essential : absolutely necessary, extremely important
- Established : having been in existence for a long time and therefore recognized and generally accepted
- Evidenced : similar meaning with show
- Evolution : a gradual process of change and development
- Examination : The act of looking at or considering something carefully on order to discover
- Expeditions : a journey or voyage undertaken by a group of people with a particular purpose, especially that of exploration, scientific research, or war
- Experience : practical contact with and observation or facts or even; the knowledge or skill that is gained from direct observation of or participation in events or activities; (the process of getting) knowledge or skill from doing, seeing, or feeling things; something that has been felt which is then stored in memory; something we have done

- Exploratory : done in order to discover more about something
- Expose : to make something accessible to some action
- Express : a thought or feeling in words or by gestures and conduct
- Extent : coverage is covering or comprehensive
- Extraordinary : something amazing



- Fabricated : invent or concoct something with deceitful intent
- Factor : a part of element that contributes to a result; something that causes something
- Facts : something that truly exists or happens : something that has actual existence
- Failure : lack of success in doing or achieving something
- Fasting : abstinence from food or drink or both for health, ritualistic, religious, or ethical purposes
- Featured : something that is superior or something that is endeavoured to be better
- Feedback : the outputs of a service or product, to create a better product or workplace; the return of information about an action, event, or process to its source or a previous stage
- Fertilizer : a natural or chemical substance that is

- spread on the land or given to plants, to make plants grow well
- Fill out : add information to complete an official form or document
- Finance : the management of large amounts of money, especially by governments or large companies
- Financial : the system that includes the circulation of money, the granting of credit, the making of investments, and the provision of banking facilities
- Financial aptitude : what you do with money once you make it. How to keep people from taking it from you, how to keep it longer, and how to make that money work hard for you
- Financial programming : attitudes, habits, value systems, and decision-making strategies related to money; often something absorbed from others without conscious effort
- Financial statement : a statement of your income, expenses assets and liabilities. Your “report card” when you leave school and what your banker wants to see before lending you money
- Findings : object or theory of the human mind; a conclusion reached as a result of something
- Fit in : be socially compatible with other members of a group

Flexibility	: the quality of being easily adapted or of offering many different options
Fluency	: the ability to speak or write a language easily, well, and quickly
Focus	: the ability to concentrate one's attention and effort on a particular task or goal
Followers	: a person who follows another in regard to their ideas or belief; disciple or adherent
Foreign	: of, from, in, or characteristic of a country or language other than one's own; something that has never been known
Forget	: to be unable to remember or think of something
Forgetfulness	: lapse of memory
Form	: place of page visitors will supply information in exchange for offer
Foundation	: the structures below the surface of the ground that support a building the act of establishing an organization, state, etc.; the basis of something that exists
Fragrance	: a sweet or pleasant smell
Freedom	: the state of being free : such as a : the power to do what you want to do : the ability to move or act freely; the state of being free or at liberty rather than in confinement or under physical restraint
Freewriting	: writing done with little or no attention to rules of grammar or sentence structure
Frequently	: regularly or habitually; often
Frugality	: prudence in avoiding waste

- Frustration : the feeling of being annoyed or less confident because you cannot achieve what you want, or something that makes you feel like this
- Fulfillment : a sense of satisfaction or achievement derived from one's actions or accomplishments
- Fundamentals : the description of the main principles of marketing and basic of discipline for its most common application, especially in the areas of consumer marketing; necessary, core, and essential; something that is most basic or most important on which other things depend; forming the base, from which everything else develops
- Future : the time or a period of time following the moment of speaking or writing; time regarded as still to come



- Garden : a piece of land next to and belonging to a house, where flowers and other plants are grown, and often containing an area of grass
- Gather : to collect several things, often from different places or people
- Gauge : a measurement (as of linear dimension) according to some standard or system
- Gene : the material of genetics
- Genetics : a branch of biology that studies the heredity

	of human nature
Genre	: a category of artistic composition, as in music or literature, characterized by similarities in form, style, or subject matter
Genuine	: truly what something is said to be; authentic
Geographic	: condition and location of an area
Geography	: study of the earth's surface (topography, climate, soil, vegetation)
Geology	: a science that deals with the history of the earth as recorded in rocks
Geopolitics	: the study of effects of economic geography on the powers of state
Germinate	: start growing
Glared	: stare in an angry or fierce way
Global circulation:	a worldwide wind system with which the necessary heat transport from tropical latitudes to the poles is achieved
Goals	: the object of a person's ambition or effort, an aim or desired result
Golden rule	: he who has the gold makes the rules
Gouache	: is a type of water colour mixed with a layer of white, usually zinc white, lithophone or titan white
Grapple	: to take strong hold of somebody/something and struggle with them
Grateful	: feeling or showing thanks
Gratitude	: the quality of being thankful; readiness to show appreciation for and to return kindness

- Grease : to make something happen more easily
- Greece : a country where the culture of the Western World was born in south-eastern Europe, located at the southern tip of the Balkan Peninsula, in the eastern part of the Mediterranean Sea (Mediterranean)
- Grew up : arises and grows bigger or perfect, is developing or something is happening
- Grind : a harsh and strident sound
- Growth : the act or process, or a manner of growing; development; gradual increase; the process in people, animals or plants of growing physically, mentally or emotionally
- Grueling : extremely tiring and difficult, and demanding great effort and determination
- Guide : a book that gives you the most important information about a particular subject/ something that helps you form an opinion or make a decision about something else; a person who shows other people the way to a place especially somebody employed to show tourists around interesting places

H

- Habit stack : ways to build a new habit is to identify a current habit you already do each day
- Haiku : Japanese short poetry
- Hamurabi code : a collection of 282 rules, established standards for commercial interactions and set fines and punishments to meet the requirements of justice
- Happens : is an event that is happening now, yesterday, and in the past
- Happiness : a state of mind or feeling of pleasure, peace of life physically and mentally, the meaning of which is to increase self-vision; a state of well-being characterized by positive emotions and life satisfaction
- Hara hachibu : a custom in Japan to stop eating when one is 80% satisfied
- Harmony : establish or maintain a relationship
- Health : the state of being free from illness or injury
- Healthy : a state of complete physical, mental, and social well-being
- Herbal : relating to or made from herbs, especially those used in cooking and medicine
- Herbarium : a room or building housing a collection of dried plants
- Hikikomori : a trend when people retreat from society and become reclusive in Japan

- Hormones : chemical messengers between cells or between groups of cells; one of the chemicals in the body that are carried by blood and that influence the body's growth and how it works
- Horrible : to be extremely bad
- Host : a person who receives or entertains other people
- Human : human being, a culture-bearing primate classified in the genus *Homo*, especially the species *H. sapiens*; the most numerous and widespread primate species
- Humanistic : relating to humanism (the idea that people do not need a god or religion to satisfy their spiritual and emotional needs)
- Hypertension : when blood pressure that is higher than normal; a condition that which is the blood pressure high
- Hypothetical : imagined but not necessarily real or true
- Hypothesis : an idea that is the starting point for making a case or conducting an investigation

I

- Ichariba choode: the sentence is used to express our closeness to other people even though we just met
- Idea : a thought, plan, or suggestion about what to do; an understanding, thought, or picture in your mind
- Identified : the process of proving or identifying something
- Ignore : refuse to take notice of or acknowledge
- Ikhlas : it is an attitude to let go of something we think is good in the hope of getting rida from Allah SWT
- Iki : a notion that places a strong emphasis on grace and simplicity
- Ikigai : the reason of live, live life from getting up early from the Japanese
- Illness : an abnormal condition that negatively affects the structure or function of part or all of a living organism
- Illustration : example that makes something easier to understand, or the giving of such examples
- Imagine : to form or have a mental picture or idea of something
- Immune : cells, tissues, and organs that work together to help find and attack germs that invade the body and cause infections; immune is something that protect our body from diseases

Impact	: the force or action of one object hitting another
Implication	: something that is suggested, or happens, indirectly
Imply	: strongly suggest the truth or existence of (something not expressly stated)
Improve	: develop or increase in mental capacity by education or experience
Impulsive	: problems with emotional or behavior self-control
Inability	: a state of being unable to do something
Inadequate	: not good enough or too low in quality
Included	: containing something as a part of something else, or something part of something else
Income	: the money that is received as a result of the normal business activities of an individual or business; money received, especially on a regular basis, for work or through investments
Inconsistency	: the quality or fact of being inconsistent
Inconvenience	: a state or an example of problems or trouble, often causing a delay or loss of comfort
Incubate	: to park an item at a designated place on your "productivity system" for later review. might be regarded as a wait and see status.
Independent	: not influenced or controlled in any way by other people, events, or things
Indicate	: to show, point, or make clear in another way

- Indictment : a thing that serves to illustrate that a system or situation is bad and deserves to be condemned
- Indifferent : not thinking about or interested in someone or something
- Individual : characteristics associated with individuals
- Inevitable : unavoidable event
- Infant : a child in the first period of life
Infinitive Verb : verb used to express everyday activities
- Inflammation : the body's immune system's response to an irritant
- Inflammatory : the body's natural immune response to fight various diseases
- Ingredient : the substance or thing from which something can be made from, or the stuff needed to make something
- Inner : situated inside
- Innovation : new ways of thinking to add value to an existing idea or product and to make substantial changes in society
- Insight : the understanding of a specific cause and effect within a particular context
- Insomnia : insomnia is the condition when we can't sleep all night, it caused by stress, overthinking
- Inspire : fill (someone) with the urge or ability to do or feel something, especially to do something creative
- Instalments : one of the parts into which a debt is divided

- when payment is made at intervals
- Instant : has meaning in a noun or noun so that an instant can express the name of a person, place, or all things that are temporary
- Instantly : is an event that will happen right then and there
- Instinctively : in a way that is not thought about, planned, or developed by training
- Instruction : something that someone tells you to do or the act of teaching someone how to do something
- Intangible : not having physical substance or intrinsic productive value
- Intelligence : the ability to comprehend (understand and profit from experience); the ability to learn, understand and think in logical way about things; the ability to do this well
- Intent : purpose
- Intensity : the force of a moving object; the measurable amount of a property
- Interaction : responding directly in real-time to the customer's action, preferences, behaviour, demands, or expectation
- Interesting : describes someone or something that attracts your attention and makes you want to learn more or be involved
- Interjections : an abrupt remark, made especially as an aside for interruption
- Interpersonal : relating to relationships or communication between people

- Interpret : explain the meaning of something
- Intersubjecting : existing between conscious minds; shared by more than one conscious mind
- Intimate : marked by very close association, contact, or familiarity
- Intimidating : making you feel frightened or nervous
- Intrapersonal : occurring within the individual mind or self
- Intriguing : very interesting because of being unusual or mysterious
- Introverted : shy, quiet, and preferring to spend time alone rather than often being with other people
- Intuition : a deep feeling when someone instinctively know that something you are doing is right or wrong
- Intuitive : using or based on what one feels to be true even without conscious reasoning; instinctive.
- Invest : to purchase an item, security, or other asset with the intent of either selling it later for a higher price or of using it to generate income
- Investment : laying out money in an enterprise with the expectation of profit; the action or process of investing money for profit or material result
- Involuntary : done without will or conscious control
- Involve : (of a situation or event) include (something) as a necessary part of result; a situation

includes something as a necessary part of result; difficult to comprehend; complicated; very intricate or complex

Ironies : a manner of organizing a work so as to give full expression to contradictory or complementary impulses, attitudes, etc., especially as a means of indicating detachment from a subject, theme, or emotion



Journal : a daily record of news and events of a personal nature; a diary

Joy boy : a mother's call to her son who has a cheerful disposition, even though he is facing adversity

Judge : one who gives an authoritative opinion?



Kaizen : a philosophy of continuous improvement

Karoshi : overwork-related deaths are common in Japanese society

Kawaii : a Japanese word that means sweetness or cuteness

Knowledge : information, understanding, or skill that you get from experience or education

L

- Lance : a long weapon for thrusting, having a wooden shaft and pointed steel head formerly used by horseman in charging
- Language : how to write, understand, convey and communicate with others
- Largery : to a great extent; on the whole; mostly
- Learn : to acquire knowledge of or skill in by study, instruction, or experience
- Learning : the activity of obtaining knowledge; is a relatively permanent change in potential behavior as a result of reinforced experience or practice
- Left-handed : a person using the left hand more naturally than the right; completely unreliable person
- Liability : the state of being responsible for something, especially by law
- Library : a book house that provides a large collection of books, magazine etc.
- Life : the period between the birth and death of a living thing, especially a human being; the state of being alive, characterized by growth, reproduction, and adaptation
- Line : a long, thin mark on the surface of something
- List : record of short pieces of information, such as people's name, usually written or printed with a single thing on each line and often ordered in a way that makes a

- particular thing easy to find
- Little umpire : a call from a father to his daughter because he has risen from the depression of his parents' divorce
- Lobus olfactory : neural structure of the vertebrate forebrain involved in olfaction, the sense of smell
- Locals : someone live in nearby, or around
- Lockdown : an emergency measure in which individuals are restricted from certain areas in an attempt to control exposure or transmission of disease
- Logotherapy : the use of techniques to cure and alleviate or alleviate an illness through the discovery of the meaning of life
- Lonely : to express sadness because have no friends or someone beside us
- Longitudinal : the direction of vibration and the direction of propagation are parallel
- Loveable : inspiring or deserving love or affection
- Loving way : treating people, things wit, and objects of affection

M

- Magic : conceptual system which is the human ability to control nature through the mystical, paranormal, or supernatural
- Main courses : food that is served as the main dish
- Maintain : provide with necessities for life existence
- Malnutrition : the condition that develops when the body is deprived of vitamins, minerals and other nutrients it needs to maintain healthy and organ function
- Management : a process carried out by someone in managing the activities carried
- Manner : a way in which something is done or happens
- Mapping : the activity or process of making a map
- Marches : walk in a military manner with a regular measured tread
- Margin : the border of empty space around the written or printed text on a page
- Marketing : activities and processes of creating, communicating, delivering, and exchanging offering that have value for customer; activities a company undertakes to promote the buying or selling of a product or service
- Measure : to find the size, quantity, etc. of something in standard units
- Mechanism : a natural or established process by which

	: something takes place or is brought about
Media	: channels of general communication, information, or entertainment in society, as newspaper, radio, or television
Medical	: related to the treatment of illness or injured
Medicine	: science and practice in the diagnosis, therapy, and prevention of disease
Meditation	: a set of techniques that are intended to encourage a heightened state of awareness, focused attention, achieving mental clarity and emotional calmness
Mental	: relating to the mind, or involving the process of thinking
Mental note	: to try to remember to do something
Mentor	: an experienced and trusted adviser
Methodology	: the method used to obtain the truth is to use search in a certain way to find the truth
Microcosm	: a community or any other unit that is representative of a larger community
Mile	: a unit of length equal to 1,760 yards or 5,280 feet; exactly 1609.344 meters
Millennium	: number for each thousand-year period in the calendar
Mimic	: imitate (someone or their actions or words), especially in order to entertain or ridicule
Mindfulness	: the practice of being aware of one's thoughts, feelings, and surroundings in the present moment
Mindset	: a set of attitudes or fixed ideas that

- somebody has and that are often difficult to change
- Mistreatment : the act of treating a person or animal badly, cruelly, or unfairly
- Molecular : relating to or consisting of molecules. "interaction between" polymer and solvent at the molecular level
- Molecules : a group of two or more atoms that form the smallest identifiable unit into which a pure substance can be divided
- Money : generally accepted medium of exchange; any circulating medium of exchange, including coins, paper money, and demand deposits
- Monk : a person who practices religious asceticism by living a monastic lifestyle
- Mono no aware: Japanese awareness of things' beauty and fleeting nature
- More polite : showing good manners toward other, as in behavior, speech, etc. courteous, civil
- Morph : world field that represents a morpheme (the smallest unit of language that has meaning) in sound or writing
- Mortality : the state of being subject to death
- Mortgage : a legal agreement by which a bank or other creditor lends money at interest in exchange for taking title of the debtor's property, with the condition that the conveyance of title becomes void upon the payment
- Mottanai : a phrase from Japanese that means regret

- for excess or waste
- Mulch : material (such as decaying leaves, bark, or compost) spread around or over a plant to enrich or insulate the soil
- Multitask : to do more than one thing at a time.
- Mundane : characteristic of the world (wordly)
- Mutation : abnormal changes in a gene (pieces of DNA) that tell cells what to do and when to grow and divide)
- Mutuality : in a way that is shared or reciprocal



- Narrow : limited to a small area of interest, activity, or thought; the border of empty space around the written or printed text on a page
- Native : being the place or environment in which a person was born or a thing came into being
- Natural : refers to the physical world consisting of abiotic and biotic elements
- Natural
- greenhouse : a natural process that warms the earth's surface
- Nature : the phenomena of the physical world collectively, including plants, animals, the landscape, and other features and products of the earth, as opposed to humans or human creations

- Necessity : the fact of being required or indispensable
- Negative : word or statement that means 'no' or 'not'
- Negative behavior : is anti-social behaviour. That is the behavior which is not acceptable by society and that can cause harm to the well-being and the image of the society
- Neocortex : the center of human rational thought. In fact, the center of personality
- Nervous : feeling agitated or alarmed (worried)
- Networking : the exchange of information and ideas among people with a common profession or special interest, usually in an informal social setting.
- Neuron : a nerve cell that carries information from our brain to the parts of body, that's why we can move our body because of the neurons in our brain
- Neurophysiology : the science that studies the function of the nervous system
- Neutralizes : an action that the body has over weight, fat, and it's dangerous for health
- Never : not to mention; and certainly not
- Noble : moral in an honest, brave, and kind way
- Noblest : belonging to a hereditary class with high social or political status; aristocratic
- Numerous : consisting of great numbers of units or individuals
- Nurture : to care and protect somebody/something while they are growing and developing

Nutshell : an idiom used when wanting to describe something briefly using a few words



Obesity : a condition that the body has over weight, fat, and it's dangerous for health

Objectives : the goals of an advertising campaign on social media

Obsessive : unable to stop thinking about something; too interested in or worried about something; excessive thoughts that cause repetitive behavior (compulsions)

Obtain : to get something, especially by asking for it, buying it, working for it, or producing it from something else

Obvious : easily perceived or understood; clear, self-evident, or apparent

Occurred : having happened or taking place

Office : a person holding a position of command or authority in the armed services, in the merchant marine, or on a passenger ship

Ogimi : a village located in the northern countryside of Okinawa

Okinawa : a place in Japan

Omnifocus : a productivity tool for the Apple platform

Omotenashi : an expression of genuine hospitality and treating other without any reward

- OneNote : a multiplatform note taking software from Microsoft. a competitor to “Evernote”. good for storing “reference material” Onsen : Japanese hot springs
- Open loop : typically an unfinished task or item that is not “captured” I your “productivity system”
- Optimism : the quality of being full of hope and emphasizing the good parts of a situation, or a belief that something good will happen
- Optimistic : attitude always has good expectations in everything and tends to expect pleasant result
- Ordinary layman: common people
- Outcome : unable to stop thinking about something; too interested in or worried about something
- Outdated : old, obsolete, stuck in style or method formerly in past
- Outlining : process of laying out the main ideas, key concepts, supporting details, and evidence to be included in the paper
- Outlook : the view or prospect from a particular place. Mental attitude or view; point of view; one’s outlook on life
- Overhaul : take apart (a piece of machinery or equipment) in order to examine it and repair it if necessary
- Oxidation : a reaction in which a substance binds oxygen

P

- Pain : a physical or emotional sensation of discomfort or distress
- Palette : the range of colors used by a particular artist or in a particular picture
- Pandemic : a worldwide spread of an infectious disease, with larger reach than an epidemic
- Panic : sudden strong feeling of fear that prevents reasonable thought
- Panic attack : a sudden feeling of acute and disabling anxiety
- Paragraph : a short part of a text, consisting of at least one sentence and beginning on a new line. It usually deals with a single event, description, idea, etc.
- Paralyzed : (of a person or part of the body) partly or wholly incapable of movement
- Paranoia : an extreme and unreasonable feeling that other people do not like you or are going to harm or criticize you
- Part time : if you work part-time work, you work for only some of the day or the week
- Particular pattern : form or model that has regularity and structure
- Pathological : (of a person) unable to control part of their behaviour; unreasonable

Patient	: someone receiving medical care
Pattern	: a repeated or regular way in which something happens or is done
Patterned behavior	: a recurrent way of acting by an individual or group toward a given object or in a given situation
Peaceful	: free from disturbance, uninvolved war, violence or argument
Peers	: a person who is the same age or has the same social position or the same abilities as other people in a group
Persistent	: lasting for a long time or difficult to get rid of
Persistence	: the fact that someone or something persists/ exist; strong stance
Plaintiff	: a person who brings a case against another in a court of law
Personality	: the type of person you are, shown by the way you behave, feel, and think
Perspective	: point of view
Perspiration	: polite word for sweat (a clear liquid passed through the skin)
Pathogen	: it's small organism like bacterium, virus that can cause disease
Philosopher	: someone who studied or writes about the meaning of life
Philosophical	: history about something (object) usually defined in theoretical form

- Phonetic : also phonetical [fuh-net-i-kuhl] of or relating to speech sounds, their production, or their transcription in written symbols
- Phonology : plural phonologies. The study of the distribution and patterning of speech sounds in a language and of the tacit rules governing pronunciation
- Phrase : a group of words that is part of, rather than the whole of, a sentence
- Physical book : printed essay in the form a book
- Pituitary gland : it's a small organ in our brain that controls the body by producing hormones
- Plan : a set of decisions about how to do something in the future
- Platform : a statement by a group of people or a party about a principle or policy
- Pleasant : giving a sense of happy satisfaction or enjoyment
- Pleistocene : is a time on the geologic time scale that lasted between 2,588,000 and 11,500 years ago
- Plural noun : a noun that refers to more than one person, place, thing, or idea
- Poison : substance causing death or harm if absorbed by a living thing
- Pollute : contaminate dirty or harmful substances to land, air, water, etc.
- Poorly : in a way or at a level that is considered inadequate

Population	: the number of residents in the city; the number of inhabitants both human and other living things in a certain place or environment
Position	: the point where something is located
Positive	: full of hope and confidence, or giving cause for hope and confidence
Potting	: put plants in pots
Practical	: concerned with the actual doing or use of something rather than with theory and ideas
Preceptors	: a teacher or instructor
Precisely	: in exact terms; without vagueness
Prematurely	: something happened too soon than the normal time
Preoccupied	: thinking or worrying about something too much
Preposition	: is a word or group of words used before a noun, pronoun, or noun phrase to show direction, time, place, location, spatial relationship, or to introduce an object
Pre-writing	: the first stage in writing, in which you gather ideas and information and plan how to organize them
Price	: the amount to be paid by consumers
Primitive	: a culture of a particular community or individual who is not yet familiar with the outside world or is a far from the technology crowd
Pro-active	: taking action by causing change and not

- only reacting to change when it happen
- Problematic : full of problems or difficulties
- Procrastination : the act delaying or postponing a task or decision
- Process : a series of actions or steps taken in order to achieve a particular end
- Productivity : the effectiveness and efficiency of one's effort to achieve a desired outcome; a financial gain, especially the difference between the amount earned and the amount spent in buying, operating, or producing something
- Professional : how an employee can place himself while in the scope of work and outside the scope of work
- Proficient : well-advanced or competent in any art, science, or subject; skilled
- Prognation : give a judgement about what is likely to happen in
- Poetry : a series of word which special intensity is given to the expression of feeling and ideas, it described with poetic words that have deep meaning, using distinctive style and rhythm
- Project : an individual or collaborative enterprise that is carefully planned to achieve a particular aim
- Prologue : is an opening to a story that establishes the context and gives background details, often some earlier story that ties into the main one, and other miscellaneous information

Promotion	: tell or offer a product
Prompt	: an action done quickly and without delay; a person acting quickly to arriving at arranged time
Prompting	: the action of saying something to persuade, encourage, or remind someone to do or say something
Pronunciation	: the act or result of producing the sounds of speech, including articulation, stress, and intonation, often with reference to some standard of correctness or acceptability
Prosecuting	: institute legal proceedings against (a person or organization)
Protein	: a molecule made up of amino acids
Proto Mammal	: a group of ancient reptiles believed to be the ancestors of mammals
Poverty	: the state of being extremely poor
Provide	: a verb that can be interpreted as being a place or container for something
Publish	: generate, give rises to
Publisher	: an employee of a publishing company who has responsibility for deciding what is published
Punishment	: an act or a way of punishing somebody
Pupil	: a person, especially a child at school, who is being taught
Psychiatrist	: a doctor with special training in treating mental illness
Psychology	: the science that studies human mind and

their behavior; using or based on what one feels to be true even without conscious reasoning instinctive

Q

Questionnaire : a set of printed or written questions with a choice of answers, devised for the purposes of a survey or statistical study

R

Radiation : the movement of energy without the use of media and can be absorbed or reflected by objects on earth

Radical : basic ideas about the problem (usually a political issue); believing or expressing the belief that there should be great or extreme social or political change

Radicals : basic things, fundamental principles, subject matter, and essential for many phenomena, or it can also mean “unusual”; basic ideas about the problem

Rain water : water that has fallen as or been obtained from rain

Range : is the difference between the lowest and highest values; the extent to which or the limits between which variation is possible

Reach	: reach something/somebody to arrive at the place that you have been travelling to
Readers	: a person who reads or who is fond of reading; someone who does activity of looking at reading, writing and the process of understanding the contents of the text aloud or silently
Real estate	: property consisting of land or buildings
Reason	: the ability to think, understand, and form judgements logically
Recover	: to get back; regain; to bring back to normal position or condition
Reference	: sources for information
Reflected	: changes in the direction of propagation of a ray that comes back to its original medium
Reflecting	: thinking about something that has happened in the past
Reflection	: the act of thinking deeply and critically about one's experiences and actions
Related	: connected
Relationship	: the way in which two things are connected; the way in which two or more people feel and behave towards each other
Relaxed	: calm, feeling free from tension and anxiety
Relief	: a feeling of reassurance and relaxation following release from anxiety or distress
Relieved	: no longer feeling distressed or anxious; reassure
Remain	: the word 'remain' has an unchanging

- meaning (its condition, position, and so on); always be (stay, stand, and so on) in place
- Remember : it is the activity of the power of the human soul to receive, store and hear and then store it in the brain
- Repertoire : a stock of plays, dances, or pieces that a company or a performer knows or is prepared to perform
- Representation : the description or portrayal of someone or something in a particular way or as being of a certain nature
- Reptilian : the Mesozoic era is geological time interval from about 252 to 65 million years ago
- Require : to need something or make something necessary
- Research : activity of collecting, analyzing and presenting data systematically and objectively, to solve problems or test hypotheses; an investigative process carried out systematically with the aim of finding facts
- Researcher : someone who has the main task of researching something
- Resident : a person who lives or has their home in a place
- Response : something that it is your job or duty to deal with or good judgement and the ability to act correctly and make decisions on your own
- Resilience : a measure of the ability to anticipate,

- overcome and recover from disturbances, whether in the form of shocks or pressure; the capacity to withstand or to recover quickly from difficulties; toughness
- Retain** : to keep or continue to have something
- Retire** : old and out from work; leave one's job and cease to work, typically upon reaching the normal age for leaving employment
- Reunited** : cause to come together again after a period of separation or disunity
- Rhinencephalon** : also called the smell-brain or olfactory brain, is a part of the brain involved with smell
- Rich** : having wealth or great possessions; abundantly supplied with resources, means, or funds
- Riches** : material wealth
- Rise** : to move up from a lower to a higher position, or to become higher
- Rivalry** : competition for the same objective or for superiority in the same field
- River streams** : a body of water that flows on earth's surface
- Role** : the function assumed or part played by a person or thing in a particular situation
- Rotation** : the spinning of earth on its axis
- Royalty** : a sum of money paid to a patentee for the use of a patent or to an author or composer for each copy of a book sold or for each public performance of a work
- Rule** : an accepted principle or instruction that

states the way things are or should be done, and tells you what you are allowed or are not allowed to do; ways (provisions, standards, instructions, orders) that have been determined to be obeyed



- Samples : sampling technique
- Satisfied : a feeling dreams come true; pleased or content with what has been experienced or received
- Satori : a moment of unexpected insight or understanding
- Scholars : a specialist in a particular branch of study, especially the humanities; a distinguished
- School : a place where children go to be educated
- Scientist : a person who is an expert or has a lot of knowledge about a science; a person who is an expert in science; smart people who find useful objects; a person who has expert knowledge to find useful objects or theories
- Screwed : in a difficult or hopeless situation, ruined or broken
- Scrutiny : the careful and detailed examination of something in order to get information about it
- Self-awareness : conscious knowledge of one's own character, feelings, motives, and desires

- Self-conscious : feeling undue awareness of oneself, one's appearance, or one's actions
- Self-esteem : belief and confidence in your own ability and value; confidence in one's own worth or abilities, self-respect
- Self-harming : the act of harming yourself, for example by cutting yourself, because you have emotional problem or are mentally ill
- Self-improvement : the process of improving one's knowledge, skills, and character
- Selfish : concerned excessively or exclusively with oneself : seeking or concentrating on one's own advantage, pleasure, or well-being without regard for others
- Self - love : the instinct or tendency to seek one's own well-being or to further one's own interest
- Self - sufficient : able to provide everything you need, especially food, for yourself without the help of other people
- Self-talk : is the way you talk to yourself, or your inner voice
- Semantics : the historical and psychological study and the classification of changes in the signification of words or forms viewed as factors in linguistic development
- Send : cause to go or be taken to particular destination; arrange for the delivery of, especially by mail
- Senpai : a superior coworker or mentor
- Sense : a feeling that something is the case

Sensitivity	: the quality or condition of being sensitive
Sentence	: a group of words usually containing a verb, that expresses a thought in the form of a statement, question, instruction, or exclamation and starts with a capital letter when written
Separate	: forming or viewed as a unit apart or by itself
Serenity	: the state of being calm and peaceful
Series	: suite, someone who does something sequential
Service	: assistance or advice given to customers during and after the sale of goods
Services	: work activities offered to others
Setbacks	: setback means to step back or walk backwards
Several	: being more than two but fewer than many in number or kind
Shinrin-yoku	: the act of taking a “forest bath” or otherwise immersing oneself in nature for therapeutic purposes
Shokunin	: a term used in Japanese to describe a crafts person or artist who aspires to perfection in their profession
Shortcomings	: a fault or failure to meet a certain standard, typically in a person’s character, a plan, or a system
Shy	: a trait that tends to be difficult to interact with
Sickness	: the feeling affected by physical or mental

	illness
Significance	: a form of an adjective meaning important
Significant	: important or noticeable
Silence	: that is the condition of someone who does not make a sound or does not give any response
Silent	: the condition of someone who does not make a sound or does not give any response. It could be because the person doesn't know anything, or he really doesn't want to give any response
Silly	: throwing little thought or judgement
Simple	: things that fit the needs
Simultaneous	: existing or occurring at the same time
Singular noun	: nouns that are only one in number; a noun that refers to only one person, place, thing, or idea
Skill	: the ability to do something well; the ability to do something that comes from training, experience, or practice
Sky	: the upper part of the earth's surface, and is classified as a separate layer called the atmosphere. The sky is made up of a lot of gas and air, with different compositions in each layer
Sleep	: an essential component in productivity
Smallpox	: an acute contagious viral disease, with fever and pustules usually leaving permanent scars it was effectively eradicated through vaccination by 1979

- Smile : facial expressions that occur due to movement or the emergence of a movement in the lips or both ends, or also around the eyes. Most people smile to display happiness and pleasure
- Socialize : participate in social activities; mix socially with others
- Social intuition : the ability to sense other people's mental and emotional states
- Social security : a social welfare or social insurance program commonly funded through automatic payroll deductions to subsidize persons in their old age and with disabilities
- Social skills : skills we use every day to interact and communicate with others including verbal and non-verbal communication, such as speech, gesture, facial expression and body language
- Sound mind : mentally healthy; free from mental disorder
- Solution : is a problem solver that is being experienced
- Sophisticated : enlightened, world-wise, knowledgeable, and with a well-developed perspective
- Species : a group of living organisms consisting of similar individuals capable of exchanging genes or interbreeding. The species is the principal natural taxonomic unit, ranking below a genus and denoted by a Latin binomial, e.g. *Homo sapiens*
- Specific : detailed and exact
- Spectrum : used to classify something, or suggest that it can be classified, in terms of its position

- on a scale between two extreme or opposite points
- Spend : to pay out, disburse, or expend; dispose of (money, wealth, resources, etc.)
- Spotlight : a lamp projecting a narrow, intense beam of light directly on to a place or person, especially a performer on stage
- Stable : things that do not change and remain the same
- Statement : something that you say or write that gives information or an opinion
- Sticking : stuck to; sticking to; sticks to. Synonyms of stick to. To continue doing or using (something) especially when it is difficult to do so
- Stinging : having a sting; capable of wounding or piercing with a sting
- Stimulate : to encourage something to grow, develop, or become active
- Stimulus : something that causes an action or response
- Stock : the capital raised by a corporation through the distribution of shares
- Stoicism : an ancient philosophical school that emphasizes the importance of virtue and rationally in living a good life
- Strained : showing signs of nervous tension or tiredness
- Stranger : is someone you don't know or who doesn't belong in a specific place
- Strengthen : to make something stronger or more

	effective, or to become stronger or more effective
Strengths	: namely an ability of human physical conditions needed in increasing learning achievement of motion
Struggle	: to make coercive efforts to gain freedom for some action
Stuff	: things that not yet have been organized or deal with. having so much stuff may result in "clutter"
Subtropical	
climate	: a zone of climate characterized by hot and humid summers, and cool to mild winters
Success	: a dream or goal that is desired to be achieved
Suffer	: to experience physical or mental pain
Suicidal	: people who are suicidal want to kill themselves or are in a mental state in which it is likely that they will try to do
Summary	: a short statement that informs the audience of the main ideas of a longer piece of writing
Sunlight	: rays or heat coming from the sun
Surveillance	: the careful watching of a person or place, especially by the police or army, because of a crime that has happened or is expected
Survival	: the fact of a person, organization, etc. continuing to live or exist
Susceptible	: easily influenced or likely to be hurt by something
Sustain	: trying to keep it unchanged from its original

- state
- Sustainable : capable of being sustained/continuous; capable of being supported or upheld, as by having its weight borne from below
- Symbols : something used for or regarded as representing something else; a material object representing something, often something immaterial; emblem, token, or sign
- Sympathetic : it's a character of someone who always understand and care about other feeling, opinion, etc.
- Symptom : any feeling of illness or physical or mental change that is caused by a particular disease; a physical or mental feature which is regarded as indicating a condition of disease, particularly such a feature that is apparent to the patient
- Synthetic fibers : are fibers made by humans through chemical synthesis
- System : an assemblage or combination of things or parts forming a complex or unitary whole; a unit consisting of components or elements linked together to facilitate the flow of information, material, or energy to achieve a goal

T

- Take - off : to remove something, especially clothes
- Talent : a special ability that allows someone to do something well
- Tangible : having physical substance and intrinsic monetary value; perceptible by touch
- Tax : an amount of money that a government requires people to pay according to their income, the value of their property, etc. and that is used to pay for the things done by the government
- Teacher : someone who has job to teach in a school or a person who instructs or trains others, esp. in a school
- Technology : scientific method to achieve practical goals
- Teenagers : a term that used for young person between 13 and 19 years old
- Teleological : teachings that explain everything and all events lead to a specific goal
- Temperament : the way in which a person responds
- Temperature : temperature indicates the degree or measure of heat of an object
- Teokkbokki : a Korean dish of rice flour cooked in a spictand sweet gochujang spice. The rice flour is in the form of an elongated round stem
- Terrible : used to emphasize the great degree of something

Term	: provisions are decisions that a person takes to obtain a decision
Textbook	: a book that contains detailed information about a subject for people who are studying that subject
The culprit	: is a person who does something wrong, like committing a crime. When your wallet got stolen out of your pocket, there was a culprit to blame in the crowd
The doer	: that they do jobs promptly and efficiently, without spending a lot of time thinking about them
Thereby	: as a result of this action
Theorist	: a person concerned with the theoretical aspects of a subject
Theory	: a set of beliefs or principles that might not be proven yet
The perpetrator	: is a person who committed a crime. In the instance of a joint crime (if more than 2 persons are involved in a crime) it is necessary to clarify the criminal liability and punishment among the defendants
Thousand	: the cardinal number that is the product of 10 and 100
Tightly	: closely and firmly
Time	: an instance of something happening or being done; an occasion; a non-renewable resource that is essential for life
Tinker	: to make small changes to something, especially in an attempt to repair or improve it

Title	: a name that describes someone's position or job
To deny	: to refuse to admit that you have any connection with something or someone. She has denied her family and refuses to have any contact with them
Tone	: regular sound with a certain single frequency and has a certain pitch according to the frequency
Tool	: objects used to facilitate our daily work
Topic	: subject that is discussed, written about, or studied
Toxic	: containing or being poisonous material especially when capable of causing death or serious debilitation
Tribes	: a social division in a traditional society consisting of families or communities linked by social, economic, religious, or blood ties, with a common culture and dialect, typically, having a recognized leader
Tricks	: a cunning or skillful act or scheme intended to deceive
Trimmed	: make (something) neat or of the required size or form by cutting away irregular or unwanted parts
Twilight	: the condition of the sky is half dark just as the sun is about to set. Dusk will leave light, both red, orange, blue, purple, pink, and other colors
Tying	: attach or fasten (someone or something) with string or similar cord

U

Uncomfortable : causing or feeling slight pain or physical discomfort

Uncountable

noun : nouns that we can't count

Undertakes : to do or begin to do something, especially something that will take a long time or be difficult

Undifferentiated : having few or no differences

Unfamiliar : not familiar; not acquainted with or conversant about

Unite : cause people or things to join together or become one with other

Unique : being the only one of its kind; unlike anything else

Universe : everything that exists in space, including all the stars and planet

University : a place where people study for an undergraduate (first) or postgraduate (higher level) degree

Unlovable : not easy to love

Unnecessary : not needed or wanted, or more than is needed or wanted

Unpleasant : causing discomfort, unhappiness or revulsion and disagreeable

Upload : send data somewhere on the internet

Use : take, hold, or deploy. (Something) as a means of accomplishing a purpose or achieving a result; employ

Useful : being of use or service; serving some purpose; advantageous, helpful, or of good effect



Value : the worth of something in terms of the amount of other things for which it can be exchanged or in terms of some medium of exchange

Vantage : a place or position affording a good view of something

Variation : the act, process, or accident of varying in condition, character, or degree

Variety : various kinds of something so that it is not monotonous

Various : is a bunch of different things together whether they are the same type or not

Vaticination : prophesy, predict

Verb : a word that shows an action, behavior, or activity

Verification : an action that establishes the truth of something

Veto : the right to annual decisions, decrees, draft regulations and laws or resolution

Vicinity	: the area near or surrounding a particular place
Virtue	: behavior showing high moral standards; moral excellence, goodness, or righteousness
Virus	: very small organisms (called micro-organisms) that cause infections
Vitality	: something very important or very necessary
Voluntary	: done, given, or acting of one's own free will

W

Wabi-sabi	: a school of Japanese aesthetics that values imperfection and transience
Wealth	: all things that have a monetary or exchange value; is the abundance of valuable financial assets or physical possessions which can be converted into a form that can be used for transactions; The state of being rich and affluent
Winner	: a goal or shot that wins a winner or point
Wisdom	: the ability to make sound judgments based on knowledge and experience
Wonderful	: extremely good, marvelous
Word	: a single unit of language that has meaning and can be spoken or written
Workflow	: the sequence of industrial, administrative, or other processes through which a piece of work passes from initiation to completion

- Works : activity of doing something
- Worried : anxious or troubled about actual or potential problems
- Wrestling : the sport or activity of grappling with an opponent and trying to throw or hold them down on the ground, typically according to code of rules
- Wretched : in a very unhappy or unfortunate state
- Writer : a person who writes books, articles, poems, stories, etc.
- Writing : the activity of creating pieces of written work, such as stories, poems, or articles
- Wroth : intensely angry or wrathful



- Yin/yang : a concept in Chinese philosophy usually used to describe the nature of the interconnected and opposing forces in this world and how they build on one another
- Yugen : the profound grace and exquisite beauty of Japanese aesthetics
- Youthful : the characteristic of young people in a life



- Zen : a branch of Buddhism that places a strong emphasis on meditation and mindfulness
- Zone : an area which has certain limits; which has certain limits

DUMMYY